

Bereavement Support in Woodhouse, Handsworth and Crystal Peaks (January – March 2024)

| | Wednesday | Thursday | Friday | <i>Grief Gardening</i> |
|---|--|--|---|---------------------------------------|
| Which day? | Fortnightly in a rolling pattern (evening) | 2 nd Thursday of each month (evening) | 3 rd Friday of each month (morning) | |
| Where? | Grace Church Café Handsworth Richmond Rd, S13 8TB | Trinity Woodhouse Methodist Church Chapel Street, S13 7JL | Crystal Peaks Library Art Space | <i>Woodhouse Community Garden</i> |
| What time? | 7-8:30pm | 7-8:30pm | 10-11:30am | To re-start in April! |
| Who can I contact beforehand to find out more? | Shirlee Fearn 07881543665 and Pastor Luke Jenkinson 07545886107 | Joanne Keeton 07748145969 and Rev Debora Marschner 0114 2889993 | Additional Service Hotline 0114 2510300 | |
| Upcoming dates | January 10 th + 24 th February 7 th + 21 st March 6 th + 20 th | January 11 th February 8 th March 14 th | January 19 th February 16 th March 15 th | |

All these meetings offer peer led support, where everyone is welcome. They offer a space to share personal experiences of loss and bereavement in a non-judgemental environment. You can share as much or as little as you would like. Just drop by when it suits!
Outside of these arranged meetings, if you need to speak with someone, please contact the Samaritans on 116 123.

